

When my child turned 18, she lost all support other than me. She is unable to ask questions on her own, yet because she is now 18, I am not factored in—even though she is dependent on me.

Finding quality & consistent mental healthcare means traveling far and missing school. Stress! I feel like I don't have capacity to do more...



I TRY,
I WON'T QUIT,
BUT I DO GIVE UP.
I ADVOCATE,

If we see someone struggling and they don't meet hospital admission criteria then back on the street.



RURAL MENTAL AND BEHAVIORAL HEALTH

COMMUNITY 2024 LISTENING SESSIONS

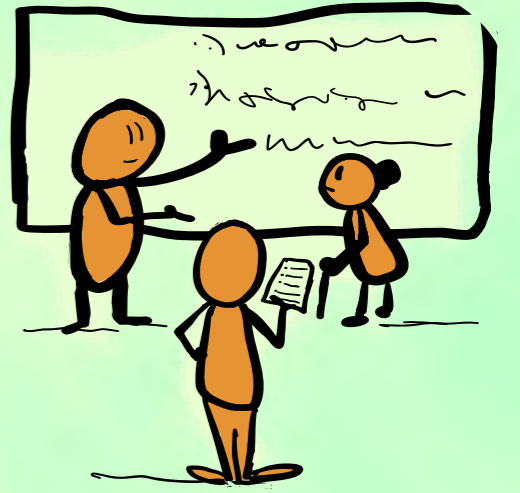
Before being considered for residential treatment, a child must go through 2-5 inpatient stays. The wait time for inpatient treatment is 2-14 days of a child sitting in the ER, wasting tax payer money due to a lack of resources.

Inpatient therapy is for stabilization only. For parents who have already tried OT, PT, REACH, etc...there is minimal support after discharge. Parents still get the shaming looks for wanting to keep the child in ER to wait for a bed.



I took my 92 year old mom to her annual check up. She was asked to do a mental health screening, but I had to rewrite the questions on a whiteboard for her to understand. It took a long time and she didn't respond to most of the questions.

I don't think the screening captured much about her mental health.



In rural USA, health care isn't about prevention, it's just a quick fix. You need to know the 'correct' words and phrases to get help, otherwise you won't get any... The glares and faces are unwelcoming.

